

Solution Circles

The Education on TRACK team would like to invite you to take part in structured, solution focused peer support sessions. These will be **education specific**.

- **Thursday 16th October:** 09:30 - 11:00am
- **Wednesday 19th November:** 09:30 - 11:00am
- **Thursday 11th December:** 09:30 - 11:00am
- **Thursday 15th January 2026:** 09:30 - 11:00am
- **Wednesday 11th February 2026:** 09:30 - 11:00am
- **Thursday 19th March 2026:** 09:30 - 11:00am
- **Wednesday 15th April 2026:** 09:30 - 11:00am



What are Solutions Circles?

CLICK HERE TO FIND OUT!



What we need from you?

Each session is 1.5 hours. We need two adopters who will present their problem to the wider group (referred to as the 'Problem Presenters' in the film clip above). We also need other adopters to join in a supportive capacity (referred to in the film clip as the 'Creative Team').

A solution circle assumes and demonstrates that nearby people - in any community or workplace - have the capacity to help. And by listening to the challenges of others, everyone can find solutions to their own problems.

Our two education support workers will take the role of leading the solution circles and scribing the thoughts and reflections of the group.

...from the parents who 'get it'.

"It's about finding your tribe."

"To have so much experience and positivity in the group was really quite special."

"12 items of feedback in 6 minutes – remarkable!"

"It was good to see how much the group were able to provide clear ideas to try and the steps to take forward."

Introducing the team...

BOOK NOW



I'm Ali Hird and I am one of the Education Support Workers at AEM. I spent 22 years working in Primary Education as a Class Teacher, Phase Leader and Deputy Head. I am an adopter of two children who are both school age. For me, receiving and giving peer support, sharing lived experience and empowering parents to feel more confident when working with school staff, are the best parts of my job. Solution Circles provides all three.



I'm Bex Ellis. I have worked in secondary education as a teacher, primary education as a support worker and specialist settings as a learning support assistant. This has allowed me to understand the workings of a plethora of education settings, as well as get to know children from all different stages of learning and development. I am passionate about helping children feel safer and more heard within a school setting – especially through empowering parents to advocate these needs for the family themselves.

