



## **Level 1 Safeguarding Adults Awareness Training Pack**

This level 1 Safeguarding Adults Awareness Trainers Pack has been developed to support you in delivering safeguarding adults awareness training to your staff team.

This pack contains all the information that we would expect staff to know at this level, as well as a couple of group exercises to promote discussion and thought about safeguarding adults.

If your organisation already has a level 1 safeguarding adults awareness package that covers the required competencies as described in NSAB's [Competency Framework and Learning Pathway](#) you may continue to use that package, although you are welcome to make use of any information contained within this Trainer's Pack.

However, if your organisation does not have a level 1 package, or your package is out of date, we have provided this free resource to support and add to your current learning offer.

You may find it useful, at the very least, to have copies of the [Nottingham and Nottinghamshire Multi-Agency Procedures for Raising a Concern and Referring](#) available for each table when you deliver this training session.

You can also find the associated Guidance and Referral Pathways at [this location](#).



## **Level 1 Safeguarding Adults Awareness Training Pack**

### **Contents:**

1. Safeguarding Adults Awareness Training Guide
2. Safeguarding Adults Awareness Training PowerPoint slides with notes
3. Abuse exercise sheet
4. Abuse scenarios sheet
5. Abuse scenarios with answers sheet
6. Potential indicators of abuse sheet



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**Slides 1-4** – Title slide, housekeeping, ground rules, overall session aims

**Slide 5** – What does safeguarding mean? – statement from Care Act Guidance

**Slide 6** – Who do safeguarding duties apply to?

- emphasise the ‘and’ as each part of the statement comes up – all 3 must apply for an adult to fall under safeguarding duties according to the care act 2014

**Slide 7-9** – Aims of adult safeguarding, principles of safeguarding and associated ‘I’ statements

**Slide 10** – first exercise (group work)

- Give each group an A3 ‘abuse exercise sheet’, and ‘bundle’ of statements (‘abuse scenarios’ – these will have to be printed and cut into separate statements prior to the start of the course)
- Ask the group to discuss amongst themselves and decide whether a statement describes abuse of an adult with care and support needs or not.
- There are a variety of answers available, depending on the ‘back story’ or further information that delegates apply to each statement.
- There are some example ‘back stories’ contained on the ‘abuse scenarios with answers’ sheet – most of the statements may or may not be abuse dependent on the circumstances.
- This exercise emphasises the need not to jump to conclusions or make assumptions, and the need to gather more information

**Slide 11** – a definition of abuse

**Slide 12** – Lists the Types of abuse as defined by the Care Act 2014.

- The last 3 types to come up as you progress through this slide are the newest 3 types of abuse, included within the Care Act 2014 – self-neglect, modern slavery, domestic violence.

**Slides 13 – 22** – Describes some of the acts that could be considered as each type of abuse

**Slide 23** – Group exercise – How to recognise when abuse is taking place

- Using a flipchart and easel (or potentially group discussion if a smaller group), go through each type of abuse and ask for indicators of that type of abuse. Please be clear that you want indicators of abuse, not types.
- (e.g. for physical abuse, you are looking for answers such as, “grip marks, bruising, scratches”, rather than hitting, biting etc.)

**Slide 24** – There are no wrong answers – literally anyone might pose a risk of abuse

**Slide 25** – Highlight responsibility of attendees with regard to safeguarding adults

**Slide 26 – 28** – Scenario to highlight that safeguarding is everybody’s responsibility – feel free to adjust the scenario to help it make sense to your organisation.

**Slide 29** – Describes what ‘Elaine’ should do in the given scenario

**Slide 30** – Gives some tips on receiving a disclosure of abuse

**Slide 31** – Explains that sometimes an adult may disclose abuse yet refuse help, and your responsibility to share the information

**Slide 32** – Consent and info sharing is linked to relevant legislation for this area of work and makes it clear that consent is not required in most circumstances

**Slide 33** – Consent and GDPR – GDPR provided clarification to:

- Use other legislation where it applies (e.g. Care Act 2014)
- Justify rationale for keeping/ sharing info
- Have clear record retention timescales and stick to them

**Slide 34** – Nottinghamshire multi-agency procedures – consent is not required when...

**Slide 35** – Procedures, Guidance and Pathways documents available to support you in your role, please read, available online at [www.safeguardingadultsnotts.org](http://www.safeguardingadultsnotts.org)

**Slide 36** -immediate actions to be taken upon discovering or being made aware of an instance of abuse or neglect

**Slide 37** – Ask the adult what they want to happen as a result of the abuse or neglect

**Slide 38/39** – Talks about the legal responsibility of the local authority to respond where concerns of abuse or neglect are raised with it, and how the MASH works

**Slide 40** – Session recap

**Slide 41** – Questions, evaluation, feedback, thanks.